

Surf Coast Century update 9-10-20:



We have plans to proceed with the event provided all of Victoria (Regional + Melbourne) is on the 'Last Step' of the COVID-roadmap which allows groups of up to 50 people outdoors.

Our plans have been well met but are awaiting final approval by many local stakeholders, but most stakeholders are awaiting further announcements from State Government which is taking time. In summary we are of the firm belief that event will proceed if Victoria is on the "Last Step" of the COVID roadmap and we have planned the event to fit within these guidelines.

Plans for the event include some changes compared to 'normal' but the ethos of the event remains the same – to provide people with the opportunity for a personal challenge and immense personal reward on a magnificent course.

Proposed changes include:

- Limited entry numbers (currently proposed to be: 160 max in the 100km solo, 160 max in the 50km solo, 120 max teams in the 100km relay team race. Entries confirmed on a 1st come, 1st served basis.)
- 100km and 50km solo races conducted on Saturday 5th December, 100km relay teams race on Sunday 6th December.
- Wave starts of 40 runners in each race. Waves start approx 20mins apart and from separate locations (for 50km and 100km starts). Wave starts based on expected finish times (fastest start last).
- Request no support crews for either solo or team runners, maximum one permitted only. Rapid Ascent will provide full service and assistance so support crews are not truly needed.
- Support crews / team mates able to assist their runners anywhere along the course after the 27km pt – not just at CPs to help spread any crowds out across a greater area and multiple locations
- Limited access for support crews / team mates at some CPs. Some CPs will be divided up into multiple locations over a small distance so runners receive assistance only at designated areas. This is designed to spread crowds across larger/multiple areas
- Packaged food only available at the CPs and must be served by a volunteer. Food to include items like bars, gels, Tailwind and pre-packaged handmade foods like sandwiches, slice, fruit and more.
- Smaller race HQ and finish line set up (but maximum satisfaction still assured!)
- Online competitor briefing and presentations
- Personal hygiene stations (hand wash...), additional cleaning of surfaces, toilets and shared facilities throughout the event

Despite the changes, the spirit of the event remains the same – in fact humanity's need for an objective and personal satisfaction has never been more dire than right now. And that is our mission, to provide the opportunity for runners to unite around a common goal and revel in the experience of an adventure outdoors.

If Victoria is not on the 'Last Step' of the COVID-roadmap by the date of the event and/or if final approval is not received - meaning the event cannot proceed - then all entrants will be eligible for a refund or entry credit.

So we encourage you to keep planning and preparing for the event. We need your support as much as you need to run so let's keep planning to get together (in groups of <50) on 5 – 6 December for an incredible run.

Contact us if you have any issues or questions about these plans. info@rapidascent.com.au ph: (03) 5261 5511